

DIABETES

According to The American Podiatric Medical Association close to 24 million people or 8 % of the population in the U.S. has diabetes. Approximately 17.9 million people are diagnosed and 5.7 million people are undiagnosed. Diabetics can lead a fulfilling life by managing their glucose levels, taking medications as directed, following a proper diet and taking care of their body.

Diabetes affects the whole body and can lead to serious complications such as blindness, kidney damage, and lower-limb amputations. Patients who work together with their health care providers, such as their primary care physician, dentist, ophthalmologist, pharmacist, podiatrist, and dietician can reduce the occurrence of complications.

Diabetic Footwear

PAD(Peripheral Arterial Disease) affects 8 to 12 million Americans, and 1 in every 5 people over the age of 70 has the disease. What is PAD? It is a buildup of plaque on the artery walls of the legs. This can cause pain and numbness, which can increase a person's chance of getting an infection, and makes it difficult for the body to fight the infection. PAD and diabetes are the leading cause of lower-limb amputations. Peripheral neuropathy(nerve damage) can decrease the sensitivity in the feet. Once this happens a diabetic patient may get a cut or sore on the foot and not even know it. That is why it is recommended that diabetics pay particular attention to their feet.

Diabetics should get a thorough foot examination at least once every year and should wear shoes designed specifically for the diabetic foot. Patients should not ever go barefoot, not even at home. The Prescription Shop has chosen Dr. Comfort Footwear to display in the store. These shoes are stylish, comfortable, quality footwear designed specifically for the diabetic patient. Dr. Comfort has a wide variety of shoes of which Michelle is certified to fit.

Many healthcare plans including Medicare cover most if not the entire cost of the shoe as well as 3 pair of inserts. Most patients are entitled to a new pair of shoes and 3 inserts every year. If you are a diabetic and would like a comfortable pair of shoes that will protect your feet, call or stop in the store. Erika, our billing coordinator, can check your insurance plan to verify coverage of the shoes and inserts. She can also set up an appointment with Michelle, our pharmacist, to be fitted for your perfect comfort.

Other Diabetic Supplies

- Alcohol swabs
- Lancets and pen needles
- Glucose monitors
- Test strips
- Glucose log books
- Diabetic moisturizers
- Supply organizers
- Sharps containers for used syringes and lancets
- Glucose tablets
- Insulin storage units
- Glucerna drinks
- Sugar free cough drops and cough syrups